

Divorce doesn't just happen between adults — it reshapes a child's world.

When Amy first came to Kids In The Middle, she was carrying the heavy burden of guilt, sadness, and fear. The constant tension of a difficult co-parenting relationship and ongoing litigation left her anxious and exhausted. And as Amy herself admitted, this pain made it harder to show up fully for her children, Charlie 6 and Elizabeth 4, when they needed her most.



Through counseling at Kids In The Middle, Amy began to find her footing. With the help of her therapist, she learned how to quiet the overthinking, steady her emotions, and focus on what she could control. Slowly, she began to see the light breaking through the darkness.

Most importantly, Charlie and Elizabeth noticed the difference.

Amy was more present, more patient, and able to give them the stability and reassurance they desperately needed during such a confusing and painful time. Amy shared recently:

"I just want to let you know I am thankful for you, and the gratitude is flowing with how you have helped me so much throughout this process. I appreciate having the safe space to discuss my thoughts and feelings about this divorce and I feel comfortable to come to you when I need advice on how to move forward the best way I can for my children."

This transformation, a mother finding her strength so her children can feel safe, secure, and loved, is made possible because of caring people like you. But right now, there are so many more children like Charlie and Elizabeth who need that same chance to feel supported and hopeful.

Families are waiting for counseling, and every day a child spends in uncertainty is a day too long. As the year comes to a close, will you make a special gift to Kids In The Middle?

Your generosity ensures that children and their parents have a safe place to turn during the hardest times of their lives. With your help, children will know they are not alone, that healing is possible, and brighter days are ahead. Together, we can bring comfort and hope to children and families when they need it most.

With heartfelt gratitude,

Sarah Barone

Sarah Barone, CFRE
Chief Executive Officer

