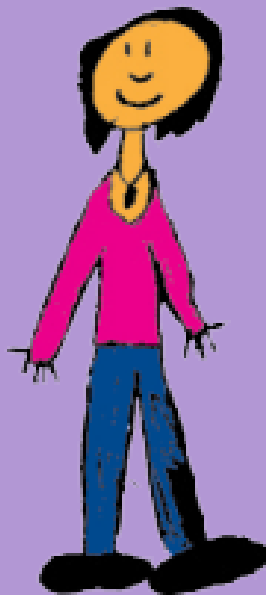




2023 IMPACT REPORT

House
Home
Mom



love
Me



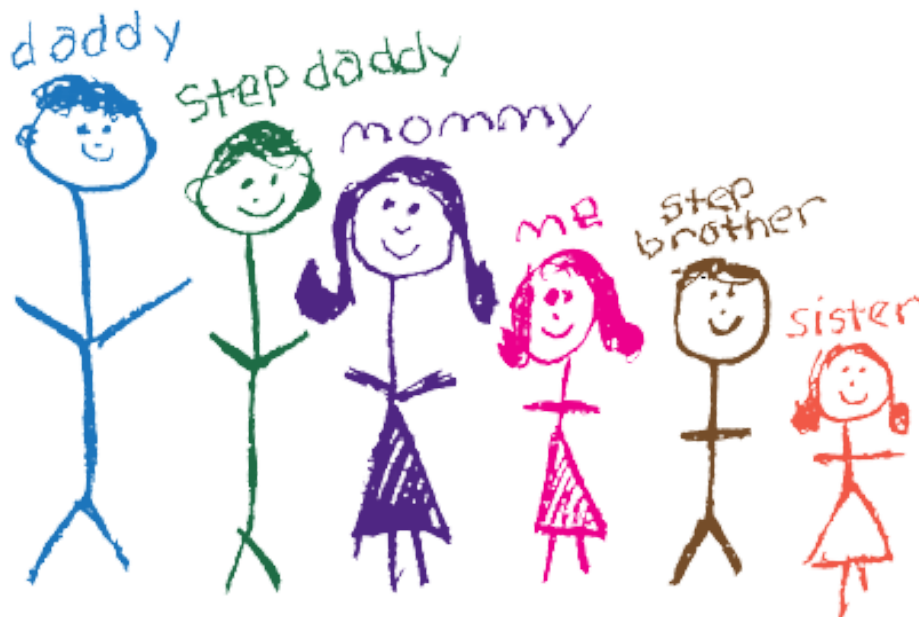
Condo
Home
Dad



Counseling. Education. Support.

Our Impact Statement

By 2031, Kids In The Middle will provide 45,000 kids and families with life-changing social and emotional skills to heal from the trauma of divorce and separation.



2023 Board of Directors

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Who We Are

Our History

In 1977, Kids In The Middle's founder Kim Long-Lubin, a therapist in private practice, observed that many of her adult clients still suffered childhood emotional and psychological scars in direct relation to their parents' divorce. She recognized the internal suffering children endure during such difficult transitions, as well as their inability to name and voice conflicting emotions effectively. She determined that the trauma might have been alleviated if her adult clients would have had access to therapeutic interventions as children. Consequently, Kids In The Middle was formed as a non-profit agency in 1977 and was incorporated in 1979.

Our Mission

Kids In The Middle empowers children, parents and families during and after divorce through counseling, education and support.

Our Vision

Kids In The Middle will improve the lives of families in the greater St. Louis community with compassion, care and confidentiality to children, parents and families facing the challenges of separation, divorce and remarriage.

KITM will not turn families away because of an inability to pay.

A sliding scale is used based on income to assess an equitable amount for each family.



We're a family even if we live in 2 homes.

HOW WE MADE A DIFFERENCE

In 2023, the outcomes demonstrated that children and families benefited by participating in Kids In The Middle programs.



86%

of children developed and demonstrated the use of positive coping skills.

81%

of children showed a reduction in negative behaviors.

KITM's services emphasize building on children's strengths and providing support and opportunities to help them achieve goals and transition into adulthood in a productive, healthy manner.

OUR IMPACT



KITM provided

8,791

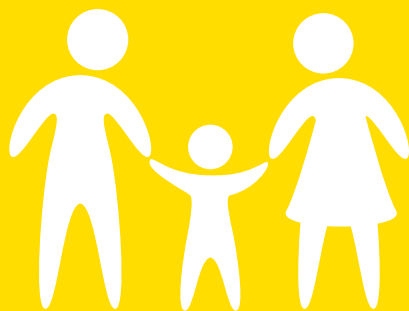
of counseling sessions to
children, parents, and
families in 2023.



Annual rate of

5,000

dissolutions of
marriage in the greater
St. Louis area.



In 2023

2,459

children, parents,
and families were
helped by KITM.



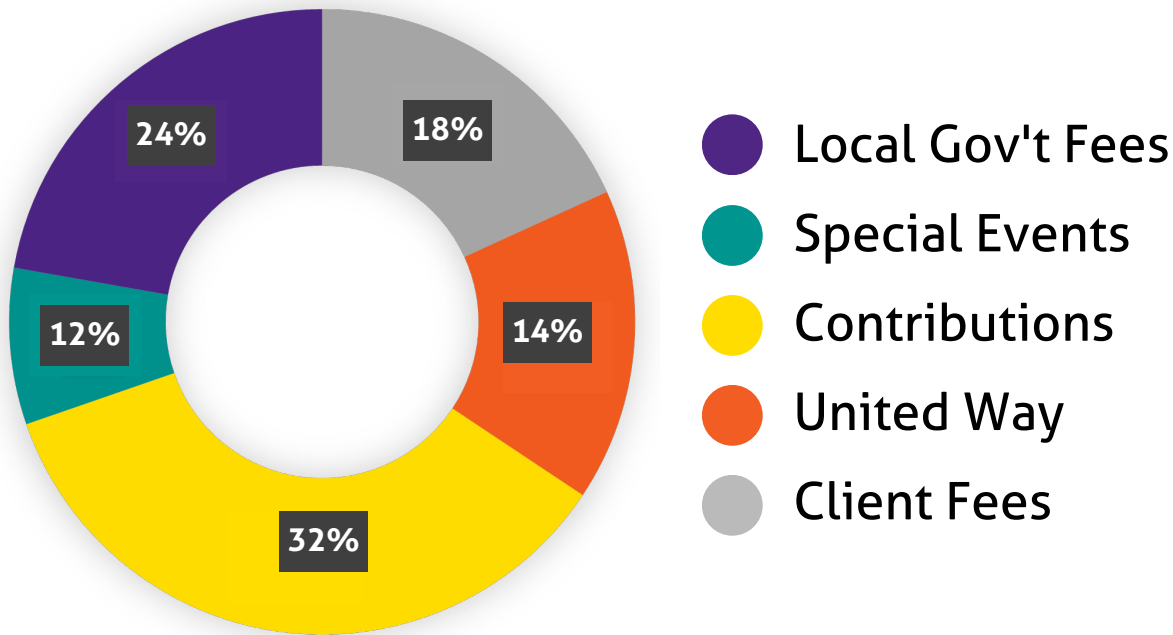
Approximately

32%

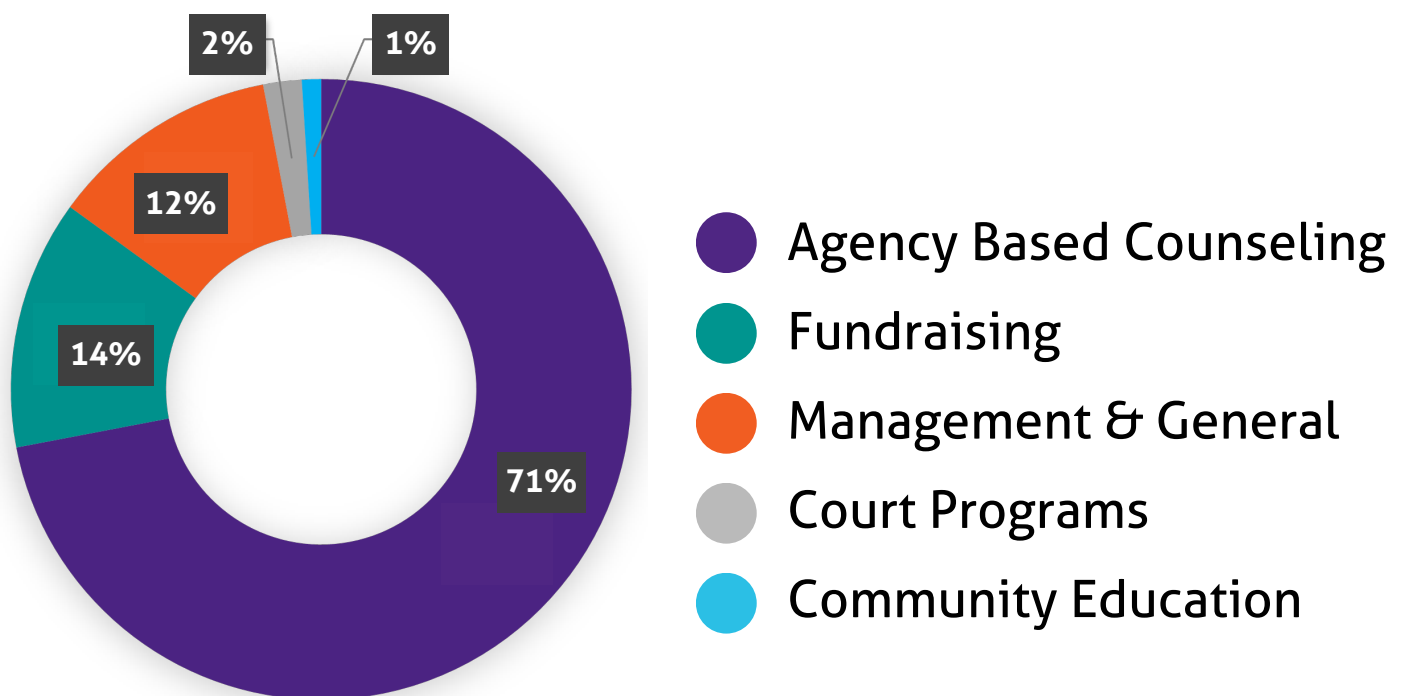
of the clients that
KITM serves are from
low-income households.

2023 Financial Report

Agency Revenues



Agency Expenses



THANK YOU!



Kids In The Middle continues to provide kids with a place to express their feelings, process them, and learn the necessary coping skills to heal from these difficult family transitions. On behalf of the families we serve, thank you.



Kids In The Middle®

Divorce Hurts.
Kids In The Middle Helps.®

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