



## Kids In The Middle School Outreach Counseling Program

Kids In The Middle (KITM) therapists provide Group Counseling services in public and private schools in the greater St. Louis region. Children are referred to the groups by counselors, social workers, teachers, and other school personnel. KITM therapists work with family transitions including parental separation, divorce, remarriage, and children living in single-parent homes.

- Contract-for-service through school.
- 10–15-week program (divided by semester).
- Groups meet once per week for 45-60 minutes.
- Students are grouped by similar age and grade level.
- Siblings are placed in separate groups.
- Parents must complete permission slip for student(s) to participate.



Scan QR Code to bring the SOC Program to your school!

### CHILDREN OF DIVORCE INTERVENTION PROGRAM (CODIP)

The SOC program incorporates an evidence-based therapeutic model, Children of Divorce Intervention Program (CODIP), which is specifically designed to help children cope with challenging family transitions.

KITM primary goal is to provide a supportive, nurturing, and confidential environment for children to:

- Understand and accept changes in their family.
- Work through their grief, sadness, or anger.
- Express feelings appropriately and develop healthy coping skills.
- Learn how to stay out of the middle of adult conflict.
- Stay connected and build healthy relationships with both parents.

For more information and to establish a partnership with Kids In The Middle, please contact:  
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