



# 2021 IMPACT REPORT



**Counseling. Education. Support.**



Kids In The Middle®  
2650 S. Hanley Road | Suite 150  
St. Louis, MO 63144

## Impact Statement

**By 2031, Kids In The Middle will provide 45,000 kids and families with life-changing social and emotional skills to heal from the trauma of divorce and separation.**



We're a family even if we live in 2 homes.



We provided

**4,551**

hours of counseling to children,  
parents, and families in 2021.



Annual rate of

**5,000**

dissolutions of marriage  
in the greater St. Louis area.



In 2021

**2,079**

children, parents &  
families were helped by  
Kids In The Middle.

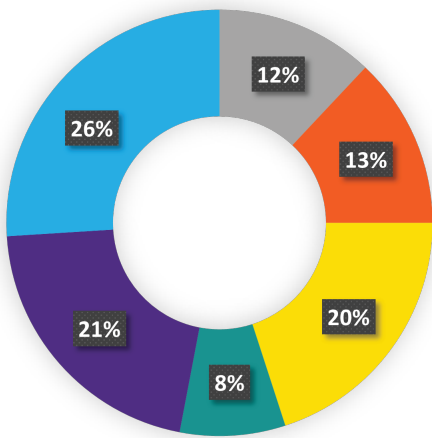


Approximately

**42%**

of families served reported  
experiencing at least one type  
of high-risk behavior.

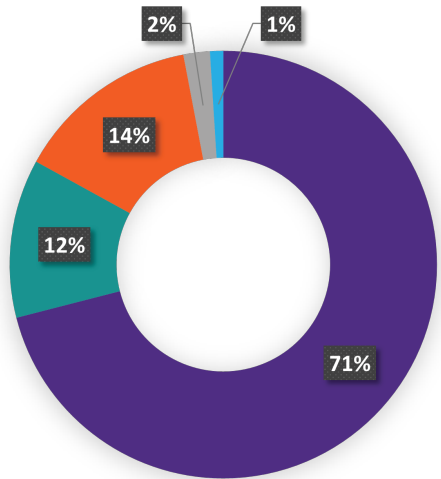
## Agency Revenues



- Local Gov't Fees
- Special Events
- Contributions
- United Way
- Client Fees
- Invest Inc/Other

**Total Revenues**  
**\$1,482,755**

## Agency Expenses



- Agency Based Counseling
- Fundraising
- Management & General
- Court Programs
- Community Education

**Total Expenses**  
**\$1,284,429**

## How We Served

Kids In The Middle's whole family approach includes the most comprehensive, expert counseling as its core programming.

**684 sessions**

Group Counseling for Children

**102 sessions**

Co-Parenting Groups

**2,473 sessions**

Individual Counseling for Children

**27 sessions**

Family Counseling

**265 sessions**

Individual Counseling for Parents

**34 sessions**

Co-Parenting Education Class

**78 sessions**

Parenting Class

In addition to the core counseling programs listed above, Kids In The Middle provides an array of services that compliment these programs helping and supporting families in the areas of counseling, education, and support.  
For more info, visit [www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)

## How We Made A Difference

In 2021, the outcomes demonstrated that children and families benefited by participating in Kids In The Middle programs.

**78%**

of children developed and demonstrated the use of positive coping skills.

**76%**

of children showed a reduction in negative behaviors.

## Our Promise to the Community

KITM will not turn families away because of an inability to pay. A sliding scale is used based on income to assess an equitable amount for each family.

