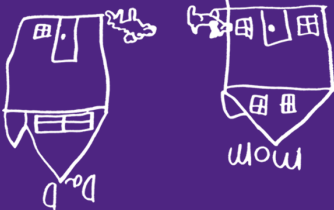


Kids In The Middle®  
 2650 S. Hanley Road | Suite 150  
 St. Louis, MO 63144

We're a family even if we live in 2 homes.





Kids In The Middle®


# 2020 IMPACT REPORT



Counseling. Education. Support.


of the clients that  
 Kids In The Middle serves receive  
 some level of financial assistance.

Approximately **90%**




children, parents &  
 families were helped by  
 Kids In The Middle.

In 2020 **1,806**




of the clients that  
 Kids In The Middle serves are  
 from low-income households.

Approximately **40%**

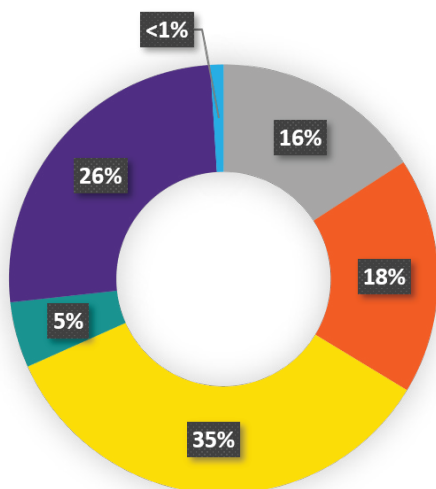


Annual rate of  
 dissolutions of marriage  
 in the greater St. Louis area.

**5,000**



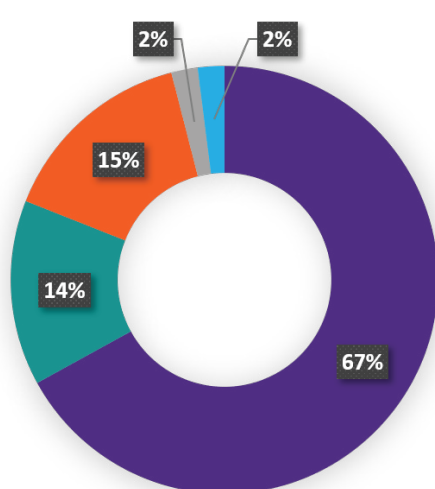
## Agency Revenues



- Local Gov't Fees
- Special Events
- Contributions
- United Way
- Client Fees
- Invest Inc/Other

Total Revenues  
**\$1,037,507**

## Agency Expenses



- Agency Based Counseling
- Fundraising
- Management & General
- Court Programs
- Community Education

Total Expenses  
**\$1,261,698**

## How We Served

Kids In The Middle's whole family approach includes the most comprehensive, expert counseling as its core programming.

**521 sessions**

Group Counseling for Children

**70 sessions**

Co-Parenting Groups

**1,882 sessions**

Individual Counseling for Children

**31 sessions**

Family Counseling

**296 sessions**

Individual Counseling for Parents

**18 sessions**

Co-Parenting Education Class

Kids In The Middle successfully implemented a Telehealth portal for new clients and for our current clients to meet with their therapists from the safety of their homes throughout the pandemic. The Agency launched new virtual programs, Group Counseling for College-Aged Students and an eight-week Parenting Class. Supply packs were delivered for children in Group and Individual services that included headphones, coping skills activities, play dough, markers and more.

## How We Made A Difference

In 2020, the outcomes demonstrated that children and families benefited by participating in Kids In The Middle programs.

**74%**

of children developed and demonstrated the use of positive coping skills.

**68%**

of children demonstrated the ability to identify and express their feelings appropriately.

Our therapists noted an increase in anxiety and worry due to the pandemic. With the increase in virtual learning, children struggled to keep attention throughout the entirety of their days. With limited access to social environments, negative behaviors were more challenging to manage. This is reflected in our outcomes. As of the first quarter of 2021, we have already seen a positive increase in our outcomes as children begin to return to normal social and educational environments.

